

Campus Clips



Minnesota State University, Mankato

Are you coordinated enough to check your email while on the treadmill? Cram for an exam on the stair-stepper? Workouts are now the ultimate challenge at MSU, where Tec-Rec is the hottest spot on campus.

The newly renovated recreation building has 40 pieces of various exercise equipment with reachable, adjustable stands holding a computer, keyboard and mouse, wired and ready for use. Students can check email, study, research online, IM or watch cable TV.

The innovative tech upgrade was designed by MSU faculty to entice more students to work out, more frequently. It worked. The Tech-Rec center fills up daily now, with students having to sign up in advance for the exercise machine they want.



Hamilton College, New York

Even with a busy schedule, there is always time to help others. Volunteering your time to worthy causes not only gives help to those in need but also can reward you with a college scholarship. Each year, the Target Corporation awards one \$25,000 All-Around Scholarship and six hundred \$1,000 scholarships to high school

seniors and college students age 24 or younger.

Haley Reimbold of Roosevelt, New Jersey was chosen this year from over 11,000 entries to receive the \$25,000 Target All-Around Scholarship for 2005/2006.

An extraordinary leader at home and abroad, Haley directed programs as a volunteer for the Red Cross (for which she received the organization's highest national award), all while heading up numerous community service projects. Haley is a senior at Hamilton College in New York, majoring in Women's Studies and Education.

Haley spent her 2005 spring semester expanding her knowledge of other cultures studying in Europe to complete a project comparing the educational systems of Sweden, Germany and the U.S. Haley's goal is to develop a "system in the United States for every student to be able to attend college without going into debt." After graduation Haley plans to work for Teach for America. Congratulations, Haley on your accomplishments.

To apply for any of Target's many scholarships, go to www.target.com/community.

University of Tennessee, Chattanooga



SDSU Student Joey Chesnut accepts 2nd place check

Who are these people - Hired assassins?
School Principals? People you've dated?

- **Joey 'Jaws' Chestnut**
- **Sonya "The Black Widow" Thomas**
- **'Crazy Legs' Conti**
- **Eric "Badlands" Booker**
- **Ed "Cookie" Jarvis**
- **Takeru "Tsunami" Kobayashi**

Actually, they are all IFOCE competitive eaters. San Diego State University student, Joey Chestnut took 2nd prize of \$5000 after Takeru Kobayashi consumed 67 Krystal hamburgers in eight minutes to win the 2005 Krystal Square Off World Hamburger Eating Championship in Chattanooga, TN earlier this month. Kobayashi earned \$10,000 for the win.

The big question most people have is "what happens to the body once someone has consumed this large and odd amount of food?" Sonya Thomas says she digests all of her eatings 8 to 12 hours after the match. By the next day--or late that same day she's "good to go."

The International Federation of Competitive Eating, Inc. supervises and regulates eating contests in their various forms throughout the world and states "Competitive eating is among the most diverse, dynamic and demanding sports in history. It dates back to the earliest days of mankind and stands alongside original athletic pursuits such as running, jumping and throwing." IFOCE assures that all sanctioned competitive eating matches take place in a controlled environment with appropriate rules and an emergency medical technician present. The IFOCE urges all interested parties to become involved in sanctioned events -- do not try speed eating home. Participants must be 18 years and above. www.ifoce.com/