

Sasha COHEN



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Interview by: Nancy Kennedy

This petite, pretty 21 year-old powerhouse is ready to take the world by storm this month at the 2006 Winter Olympics in Torino, Italy. Charismatic and graceful with a big splash of confidence and attitude, Sasha Cohen's stunning spins, triple flips and 'Sasha Spiral' have captivated both audiences and judges for years.

Born Alexandra Pauline Cohen on October 26, 1984 in Westwood, California, her parents nicknamed her 'Sasha' - the Russian version of Alexandra. Sasha's mom was born in Odessa, Ukraine, her dad in California.

Sasha's sports career began at age 7 with gymnastics, ballet and ice skating. At age 9 she began competing in local competitions then worked her way up to the U.S. Junior



National Championships. In 2002, Sasha won her place on the U.S. team to compete at the Salt Lake City Winter Olympics where she placed fourth. In January 2006, Sasha won the U.S. National Women's Figure Skating Championship solidifying her place on the 2006 Olympic team.

Off the ice Sasha keeps a very busy schedule. She wrote an autobiography, "Fire on Ice: Autobiography of a Champion Figure Skater" published in 2005. She makes numerous public appearances, has taken culinary classes and has been a guest on several TV shows including Jay Leno and is involved in promoting several charities. She also takes time to journal her weekly activities on her website, sashacohen.com.

Sasha talked candidly with us about everything happening in her busy life as she prepares for Torino.

